

## **Platelet Rich Plasma (PRP) Discharge Instructions:**

Your pet has been mildly sedated for this injection and may still be groggy upon returning home today.

A small amount of blood was drawn aseptically from your pet to make Platelet Rich Plasma.

A bandage may be located on your pet's leg from where their blood was drawn. This can be removed upon arriving home, or 30 minutes to an hour after leaving the hospital.

The location of where the PRP was given was shaved and prepped aseptically for administration; this is for your pet's safety.

### **What To Know After This Procedure:**

Limping and Soreness is normal for up to 1 week after this injection. In order for the dozens of proteins in PRP to work, the plasma cells must elicit an inflammatory response.

You may ice your pet's leg 2-3 times daily for 5-10 minutes. Please do not get bit or harmed in the process. This step is beneficial, but not necessary for the overall success of this therapy.

Redness from the injection site is NOT a normal side effect of PRP. Please call us immediately if this occurs.

Your pet's activity should be restricted to mild/moderate activity for 3-4 weeks after this injection as to not cause a soft tissue injury.

Your pet can return every 2 weeks for a PRP injection; but most come in every 6 months to a year for a repeat dose.

Antibiotics and NSAIDS may have been sent home with your pet today based on their diagnosis. Please give these as directed and let us know if any signs of adverse reaction occurs such as vomiting, diarrhea, inappetence and excessive lethargy lasting over 24 hours.

**This therapy is contraindicated in the presence of cancer and/or clotting disorder(s). Please let us know if your pet is diagnosed by another facility prior to scheduling any future injections.**